

PRACTICE SCHEDULE | SOHI ATHLETICS

Monday	Tuesday	Wednesday	Thursday	Friday
3/18	3/19	3/20	3/21	3/22
Track (SOHI) <ul style="list-style-type: none"> • 2:30-4:00 pm Baseball (SOPREP) <ul style="list-style-type: none"> • 2:30-5:00 pm Girls Basketball <ul style="list-style-type: none"> • 2:40-5:00 pm (SOHI) Softball (SOPREP) <ul style="list-style-type: none"> • 4:30-6:30 pm Boys Basketball <ul style="list-style-type: none"> • 5:00-7:30 pm (SOHI) Girls Soccer (SOHI) <ul style="list-style-type: none"> • 5:00-6:30 pm 	Track (SOHI) <ul style="list-style-type: none"> • 2:30-4:00 pm Baseball (SOPREP) <ul style="list-style-type: none"> • 2:30-5:00 pm Girls Basketball <ul style="list-style-type: none"> • 2:40-5:00 pm (SOHI) Softball (SOPREP) <ul style="list-style-type: none"> • 4:30-6:30 pm Boys Basketball <ul style="list-style-type: none"> • 5:00-7:30 pm (SOHI) Girls Soccer (SOHI) <ul style="list-style-type: none"> • 5:00-6:30 pm 	Track (SOHI) <ul style="list-style-type: none"> • 2:30-4:00 pm Baseball (SOPREP) <ul style="list-style-type: none"> • 2:30-5:00 pm Softball (SOPREP) <ul style="list-style-type: none"> • 4:30-6:30 pm Girls Soccer (SOHI) <ul style="list-style-type: none"> • 5:00-7:00 pm 	Track (SOHI) <ul style="list-style-type: none"> • 2:30-4:00 pm Baseball (SOPREP) <ul style="list-style-type: none"> • 2:30-5:00 pm Softball (SOPREP) <ul style="list-style-type: none"> • 4:30-6:30 pm Girls Soccer (SOHI) <ul style="list-style-type: none"> • 5:00-7:00 pm 	Track (SOHI) <ul style="list-style-type: none"> • 2:30-4:00 pm Baseball (SOPREP) <ul style="list-style-type: none"> • 2:30-5:00 pm Softball (SOPREP) <ul style="list-style-type: none"> • 4:30-6:30 pm Girls Soccer (SOHI) <ul style="list-style-type: none"> • 5:00-7:00 pm

EVENTS

BOYS BASKETBALL

@ 4A State Championships (Alaska Airlines Center)

- Thursday, March 21st
 - SOHI vs W Anchorage – 11:00 am
- Friday, March 22nd
 - Opponent and game time TBD
- Saturday, March 23rd
 - Opponent and game time TBD

GIRLS BASKETBALL

@ 4A State Championships (Alaska Airlines Center)

- Thursday, March 21st
 - SOHI vs W Anchorage – 9:30 am
- Friday, March 22nd
 - Opponent and game time TBD
- Saturday, March 23rd
 - Opponent and game time TBD

BOYS SOCCER

V vs West Valley (Anchorage Dome)

- Friday, March 22nd
- Time: 12:00 pm



SOHI ATHLETICS | RESULTS & HIGHLIGHTS



GIRLS BASKETBALL

Hosted the NLC Region III Championships

W (62-22) vs Palmer (3/8)

- Top performers
 - Brittani Blossom – 14 points
 - Danica Schmidt – 12 points
 - Itua Tuisaula – 11 points
 - Aliann Schmidt – 11 points

L (39-57) vs Wasilla (3/9)

- Top performers
 - Aliann Schmidt – 12 points
 - Itua Tuisaula – 11 points

Season Record

- 24 W – 4 L (9-1 in conference)

BOYS BASKETBALL

Hosted the NLC Region III Championships

W (43-41) vs Wasilla (3/8)

- Top performers
 - Jersey Truesdell – 20 points
 - Ray Chumley – 10 points

L (58-62) vs Palmer (3/9)

- Top performers
 - Jersey Truesdell – 24 points
 - Ray Chumley – 13 points

Season Record

- 14 W – 12 L (6-4 in conference)

STARS IN THE NEWS

- ❖ The following SOHI boys basketball players were selected to the Northern Lights All-Conference team:
 - First Team All-Conference: Jersey Truesdell
 - Good Sports Team: Mekhai Rich
- ❖ The following SOHI girls basketball players were selected to the Northern Lights All-Conference team:
 - First Team All-Conference: Brittani Blossom, Aliann Schmidt, Danica Schmidt, and Itua Tuisaula
 - Good Sports Team: Kalyn McGillivray
- ❖ Itua Tuisaula was named the Most Valuable Player for the Northern Lights Conference. Itua averaged a double-double on the season (13.5 points and 12 rebounds) and helped lead her team to a 24-4 overall record and a #4 seed in the upcoming state tournament.
- ❖ Nolan Rose was named the Northern Lights Conference Coach of the Year. Coach Rose guided the Stars to a 14-12 overall record and a state berth (the first since 2010).